



The best activities guide around!

APRIL 2010



Cherry Blossom Festival – 3rd

Easter Brunch Buffet – 4th

Easter Stroll – 4th

Volunteer Recognition Ceremony – 23rd

Masters Golf Tournament – 24th, 25th

Hob Nob Family Buffet – 30th



Easter Brunch Buffet

Sunday 4 April 10:30 am-2:30 pm CZCC Ballroom

Entrée
 -Bacon, Spinach & Egg Stuffed Rolled Pork w/ Marsara Wine Sauce
 -Sautéed Chicken & Vegetables w/ Balsamic Vinegar Sauce
 -Shrimp Pilaf
 -White Rice
 -Whipped Potatoes w/ Gravy
 -Chicken Penne Au Gratin
 -Steamed Red Snapper w/ Red Bell Pepper Sauce
 -Spring Mixed Vegetables Buttered Corn
 -Assorted Bread, Rolls & Butter

Omelet Station
 Your Choice of Selections
 -French Toast, Maple Syrup & Whipped Cream
 -Breakfast Potatoes, Bacon & Sausage
 -Egg Benedict, Boiled Eggs, Grits

Soup
 -Minestrone Soup

Carving Station
 -Honey Maple Glazed Roasted Smoked Ham w/ Pineapple Sauce
 -Roasted Beef Top Round w/ Au Jus

Salad bar & Fresh Seasonal Fruits Assorted Desserts

Adults: \$16.95
 Youths: \$8.95
 *Tickets are \$2 more at the door

CAMP ZAMA COMMUNITY CLUB 263-4547




HOB NOB FAMILY BUFFET



FRIDAY 30 APRIL 5-8 PM HOB NOB

MENU

Santa Fe Chicken, Pork Piñata W/ Tomato Sauce, White Rice, Mashed Potatoes w/ Gravy, Vegetable of the Day, Rolls and Butter, Tossed Green Salad, Sheet Cake

*Advance Tickets: Adults - \$8.95 Youths 4-12 years old - \$5.95 Youths 3 and Under - FREE

*Tickets are \$3 More At The Door *Tickets Available At the CZCC and Hob Nob

CAMP ZAMA COMMUNITY CLUB 263-4547





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Our annual Camp Zama Cherry Blossom Festival will take place on Saturday, 3 April, starting at 11 am, and ending at 6 pm. Entry to the festival will be at 10:30 am. This is a splendid opportunity to join our off post friends and neighbors to enjoy the blossoms, the music, entertainment and varieties of food. The morning begins with youth and adult walks and runs. The music menu throughout the afternoon is live jazz, pop, rock and R&B with a DJ here and there. Additionally, the entertainment includes hula, taiko drums and street performers and our special guest from AFN radio with a live on-the-air broadcast. There will be a number of booths from off-post sponsors and vendors, MWR and private organizations. Be sure to bring your camera and plan to stay the day. See page 16 for the schedule of events.

Photo by Mr. Kiyoshi Tokeshi and Mr. Yuichi Imada, 78th Signal Bn, VID. Photo montage by Hideko McKeta.



“See the Bugle for the advertisement”.

S

aturday, 3 April,
the youth center will be
closed for the Cherry
Blossom Festival.

The "6th Grade
Happening" for the
month of April has been
cancelled.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

YOUTH CENTER

• Spring Break Events

Start your spring break with a trip to Yokota's Tomodachi Bowling Center. The bus will depart the youth center on Monday, 12 April, 11 am, and return at 6 pm. The cost of the trip is \$4 for all you-can-bowl plus lunch.

• Fujikyu Highland

Wednesday, 14 April, 7 am - 7 pm. The bus will depart the youth center. The cost is \$25. Love roller coasters? Check out "Eejanika", and "Dodonpa", all record breaking coasters! Love haunted houses? Check out the world's longest haunted house at Fujikyu!

• Youth Book of Records

Starting 15 April, 3 pm, every 3rd Thursday (15 April) of the month the youth center will have different events for you to challenge. At the end of the year your record as well as your picture will grace the glossy Zama Book of Records next to the Yano Fitness Center's Book of Records. Different challenges include 3 point shoot out, consecutive free throws, hula hoop spins, pogo stick jumps, and Wii home run and many more.

• Annual Earth Day Clean up

Saturday, 17 April, 11 am - 4 pm, the Zama Youth Center will be holding its Annual Earth Day Clean up. In honor of Earth Day, we will go to Sagami River and help beautify the area. We will be partnering with local Japanese high schools to enhance bond building. We invite teens and all community volunteers who would like to help. There will be a barbecue after we finish and some outdoor activities.

• Youth Volunteer Recognition Ceremony

Thursday, 22 April, 6 - 8 pm. Please join us for this distinguished event which will recognize youths in our community who have spent their time giving back. Dinner will be provided and dress for this event is casual. This event is by invitation only.

• 11th Annual Kanto Plain Youth and Teen Talent Show (Atsugi)

The Zama Youth Center will be providing a bus to the 11th Annual Kanto Plain Youth and Teen Talent Show at the Atsugi Theater. The bus will depart the Zama Youth Center on 15 May, 5 pm, and the SHA Commissary at 5:30 pm.

THE HOURS OF OPERATION FOR THE ZAMA YOUTH CENTER ARE:

| | |
|---------------------|-------------|
| Monday - Thursday | 1430 - 2000 |
| Friday | 1430 - 2200 |
| Saturday | 1300 - 2200 |
| Sunday and Holidays | Closed |



CANYONING

Friday, 16 April
6 am - 8 pm

only \$80

Spend a full day doing an extreme sport that will leave you begging for more. Ride thrilling river courses and slide down waterfalls. The cost is \$80 which also includes lunch.

••• ATTENTION •••

Parent Central Services (PCS), New
Customer Service Hours:

| | |
|--------------------|---------------|
| Monday - Wednesday | - 0800 - 1700 |
| Thursday | - 1000 - 1700 |
| Friday | - 0800 - 1700 |
| Saturday - Sunday | - Closed |

For more information, 263-3397

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches - people just like YOU. We need you in order to provide a great experience for the youths in our community. If you're interested, please contact us at 263-5437. In addition, more information and an application are on our website: www.zamayouthsports.org. As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical

is current before you register.

If you have questions or recommendations concerning our

programs, please call us at 263-5437/4066 or visit our website at www.zamayouthsports.org.

BASEBALL & SOFTBALL SIGNUPS

Baseball signups end 2 April. Games start 24 April and end 5 June. Tee ball for ages 5 - 6; coach pitch baseball, ages 7 - 8; and baseball, ages 9 - 15. Girls only softball for ages 9 - 11 and 12 - 15.

For more information, please call 263-5437/4066



MWR COMMERCIAL SPONSORSHIP
and the **CYS SPORTS AND FITNESS**
STAFF thank the **RACH COMPANY** for
supporting our community and the youth
baseball opening.

Rach Incorporated
the idea machine
P.O. Box 3629 Blaine, MN, 55131
call 260.332.4488 • fax 260.332.7216



“See the Bugle for the advertisement”.

S

AS Before and After School Program. Are you looking for a place where your children can join other children in a fun learning environment? Come join the School Age Services Before and After School Program.

■ School Age Services • 267-6013

••• SAS Program Hours •••

| | | |
|------------------------------|-----------------|-----------------------------|
| Regular | Monday - Friday | 0630 - 0830 and 1500 - 1800 |
| Early Care | Monday - Friday | 0530 - 0630 |
| Half Day School | | 0530 - 0830 and 1200 - 1800 |
| No School Day | | 0630 - 1800 |
| Before / After Program Hours | | 0530 - 0830 and 1500 - 1800 |

SCHOOL AGE SERVICES OFFERED THROUGHOUT THE YEAR

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" school, Hourly Care Open Recreation Program, School Day Out and a Summer Camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles

program participants to full day care services during out of school periods, excluding federal holidays during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp program over eleven, one-week sessions.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, come and support the "Parent's Advisory Council (PAC)" meeting. The PAC meeting is an opportunity for parents to provide input and have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 at 5 pm. Child care is provided.

SAS APRIL EVENTS

Month of the Military Child / Earth Day
SAS April Character Counts: **Caring**

For more information for the "Month of the Military Child", please see center page.

SAS PROGRAMS OFFERED



School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a day
- Half a day escapade
- Creative play

"Super-Saturdays": Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

"Funastic Adventure Day": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

"Half a Day Escapade": School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

"Creative Play" (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.



SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

Zama Child Development Center

Parent's Night Out

Friday, 16 April,
5 - 11:30 pm

Cost is \$20 per
child, ages 6 weeks
to 12 years.

Must register one week in
advance with Parent Central
Services, Bldg 533.

For more information, call 263-4125/4743.



Congratulation

"Congratulation"
Zama American
High School
Cheerleaders for
winning the "Best
Sportsmanship
Trophy" at the 6th
Annual Invitational
Cheerleading
Competition held at
the American School
In Japan.

Front left to right:
Front:
Chanda Elliott
Alexandria Rivera
Center:
Sharon Lee
Saaya Koseki
Jessica Alvarez
Back:
Victoria Reynolds
Toshino Carter
Samantha Nayland
Erica Webb



T

he Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.



BINGO Night
Every Thursday Night!
Cards on sale starting at 6 pm
Early Bird Game starts at 6:45 pm
Regular Game starts at 7 pm.
FOR MORE INFORMATION, PLEASE CALL 263-4547



National Jelly Bean Day Contest
GUESS
How many jelly beans are in the jar & win the grand prize!
Wednesday, 21 April CZCC Lobby
Fill Out Entry Forms 10:30 Am-6pm
Winner Announced At 6:30 Pm
FOR MORE INFORMATION CALL, 263-4547

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 2, 16, 23 and 30 April, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Country Music with DJ

On Saturday night, 3 and 10 April, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Latino Night

Friday, 9 April, 10 pm - 3 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJs in Japan.

• Old School Night

Saturday, 17 April, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Latino Night

Saturday, 24 April, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJs in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95

Youths 8 - 12: \$6.95

Youths 4 - 7: \$3.95

3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

6 Chicken Fried Steak

w/Country Gravy

13 Hawaiian Chicken

20 Spanish Chicken

27 Pork Ginger

w/Julienne Cabbage

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

7 Hayashi Rice

14 Tonpourou

21 Beef Curry

28 Spaghetti Napolitan

Thursday: (Rotisserie Chicken and vegetable of the day)

1 • Pork Ginger

• Blackened Chicken

w/Alfredo Pasta

8 • Chinese Beef Ankake Rice

• Spaghetti Napolitan



ADMIN ASSISTANT DAY *Luncheon*

Thursday, 22 April, 10:30 am - 1 pm
Camp Zama Community Club Ballroom
Cost: \$10.95

FOR MORE INFORMATION CALL, 263-4547

LUNCH

- 15 • Stuffed Cabbage Roll w/Cream Sauce
- Spaghetti w/Meat Sauce
- 22 • Pork Cordon Bleu
- Tomato Cream Pasta
- 29 • Hamburger Steak w/Mushroom Demi
- Pork Green Pepper
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 2 • Baked Meat Loaf
- Baked Garlic Rosemary Chicken
- Mashed Potatoes w/Gravy
- 9 • Beef Stew
- Baked Chicken
- Rice Pilaf
- Mashed Potatoes w/Gravy
- 16 • Sweet Sour Chicken
- Pork Chop Suey
- Fried Rice / White Rice
- 23 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice / Corn
- Burritos
- 30 • Huli Huli Chicken
- Houppia
- Kalua Pork
- White Rice

DINNER MENU

Sunday (limited menu) 5 - 9 pm
 "2 for 1 Steak Night"
 (no take out)
 Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)
 2 meals for \$15 and limited menu.
 Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

Wednesday (5 - 9 pm)
 • Mongolian BBQ (\$0.75 oz)
 • Limited menu

Reservations: Please call 263-4547 before 3 pm.

Thursday (5 - 9 pm)
 • "All You Can Eat Pizza, Pasta, Soup and Salad Bar"
 (no take out)
 Adults: \$10.95

DINNER MENU

- Youths 4 - 12: \$5.95
- Under 3 years old: Free
- Regular menu
- Friday "Chef's Special"** (5 - 9 pm)
 Regular Menu
- 16 Community Night
- 16 Bet Comedy Show Case
- 30 Hob Nob Family Buffet
- Saturday** (5 - 9 pm)
 • Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 10 Wii Tournament
- 17 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



Wii Tournament
SATURDAY 10 APRIL 6 PM AT CZCC (EDA'S)
COME & JOIN THE ACTION!
FOR MORE INFORMATION, PLEASE CALL 263-4547
***ADULTS ONLY**
***REGISTER AT THE CASHIER'S WINDOW**

“See the Bugle for the advertisement”.

THIS MONTH'S SCHEDULE

- *No Tap Tournament*

Sunday, 18 April, 11:30 am.

SERVICES

- *Delivery Service*

1 April, place your order from 4 - 9 pm. Too tired to cook? Don't want to leave the house? Zama Bowling will be offering delivery service.



FREE • FREE • FREE

It's BUNCO TIME!

Gals ... and guys too!

9 April, 6:30 pm, at CZCC Ballroom

CASH PRIZES

| | |
|-------|------------------|
| \$100 | Most Buncos |
| \$100 | Most Mini Buncos |
| \$100 | Most Wins |
| \$100 | Most Losses |

Light snacks are available.

Participants must be 18 or older.

For more information, 263-4547

Camp Zama Community Night
PRESENTS

| | | | | | |
|---------------------|-----------|------------------|-----------------|-----------------|---------------|
| THIS IS THE CULTURE | THE CROWN | KNOW YOUR INCHES | WANTS YOUR SCOT | IT'S THE ANSWER | HAIRY HAIRIES |
| FREE EVENT | \$100 | \$100 | \$100 | \$100 | \$100 |

JEOPARDY

| | | | | | |
|-------|-------|-------|-------|-------|-------|
| \$400 | \$400 | \$400 | \$400 | \$400 | \$400 |
| \$500 | \$500 | \$500 | \$500 | \$500 | \$500 |

FRIDAY 16 APRIL 5-8 PM CZCC BALLROOM

COME & ENJOY!

HORS D'OEUVRES, PRIZES & ENTERTAINMENT

FOR MORE INFORMATION, PLEASE CALL CZCC 263-4547

BET COMEDY SHOWCASE

FRIDAY 16 APRIL CZCC BALLROOM
DOORS OPEN AT 9 PM, SHOW STARTS AT 10 PM

FEATURING COMEDY STYLES OF

BROOKLYN MIKE
MCGRIFF &
CORTNEY GEE

ADVANCE TICKETS \$20
AT THE DOOR \$25

“See the Bugle for the advertisement”.

■ Sagami Lounge • 268-4954/4847

Orders: 268-4142

LUNCHES

MONDAY

- 5 Hamburger Steak w/Cheese
- 12 Meat Ball Stroganoff
- 19 Pork Cutlet w/Cheese
- 26 Hamburger Steak
w/Onion Gravy

TUESDAY

- 6 Chicken Tempura
- 13 Fried Rice, Karaage
and Gyoza
- 20 Taco Rice
- 27 Chicken Cutlet w/Cheese

WEDNESDAY

- 7 Sweet and Sour Pork
- 14 Fried Shrimp w/Curry
- 21 Lasagna w/Garlic Bread
- 28 Pork Ginger

THURSDAY (All-U-Can Eat)

- 1 American Buffet
- 8 Mexican Buffet
- 15 Italian Buffet
- 22 Oriental Buffet
- 29 Mexican Buffet

LUNCHES

FRIDAY

- 2 Garlic Chicken Saute
- 9 Seafood Casserole
- 16 Steamed Chicken
- 23 Chicken Curry
- 30 Salmon Polonaise

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$8.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Pizza and Pasta Dinner Special
- 27 Regular Menu

DINNER SPECIALS

WEDNESDAY NIGHT

Family night movies for adults and youths 7, 14, 21 and 28 April, regular dinner menu. Choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 1 French Dinner (\$20)
- 8 Chinese Dinner (\$20)
- 15 Prime Rib Dinner (\$20)
- 22 Regular Menu
- 29 Regular Menu

FRIDAY NIGHT

Mongolian BBQ on 9 and 23 April, enjoy the best Mongolian BBQ in town!!! Also, on 2, 16 and 30 April, we offer the regular dinner menu.



"April is Alcohol Awareness Month"

Drink responsibly, plan ahead, and pace yourself. Don't drink if your underage, and NEVER drink and drive! Be safe and have a great April! If you have any concerns/questions, please phone ASAP at 263-8059.

"See the Bugle for the advertisement".

W

weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

| Major Tournament Schedule for 2010 | |
|------------------------------------|-------------------|
| Zama Masters - - - - - | 24 - 25 April |
| Match Play Qualifier - - - - - | 8 May |
| Club Championship - - - - - | 11 - 12 September |
| Zama Open - - - - - | 16 - 17 October |

TOMODACHI DAYS ARE AS FOLLOWS:

9 April - Friday
16 April - Friday
23 April - Friday
26 April - Monday

Your Japanese guests (max 3 guests

per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 14 April, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

PAYDAY SCRAMBLE - FREE!

MWR is paying the \$15 entry fee and green fees for non-members. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARJ, supporting and tenant units and their Family members. Sign up on the intranet or golf course web site.

2 and 30 April - Friday
Shotgun start 11:30 am.

DEMO DAY *Saturday, 10 April*
Ecco Shoes / Bobby Grace Putter Demo:
10 am - 2 pm, putting green



Callaway GOLF **Callaway Demo:**
9 am - 2 pm, driving range

COME OUT AND TRY THE NEW BOBBY GRACE PUTTERS LEARN ABOUT ECCO SHOES AND CALLAWAY PRODUCTS

CAMP ZAMA GOLF CLUB 263-3694

INSTRUCTOR: DALE JORGENSEN, DIRECTOR OF GOLF
263-3694, EMAIL AT DALE.JORGENSEN@ZAMA.ARMY.MIL
WHEN: THURSDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB
DRIVING RANGE (PAST GATE 7)
COST: \$99 PER PERSON, MINIMUM 5-MAXIMUM 8 STUDENTS

SESSION #2 - April 15th, 22nd, 29th, May 6th and 13th
SESSION #3 - May 27th, June 3rd, 10th, 17th and 24th
SESSION #4 - July 8th, 15th, 22nd, 29th, and August 5th
SESSION #5 - August 19th, 26th, Sept 2nd, 9th and 16th
SESSION #6 - Sept 30th, October 7th, 14th, 21st and 28th

INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL
263-4975, EMAIL AT MICHAEL.SUL@US.ARMY.MIL
WHEN: TUESDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB
DRIVING RANGE (PAST GATE 7)
COST: \$89 PER PERSON, MINIMUM 6-MAXIMUM 8 STUDENTS

SESSION #2 - Mar 23rd, 30th, April 6th, 13th and 20th
SESSION #3 - May 4th, 11th, 18th, 25th, and Jun 1st
SESSION #4 - Jun 15th, 22nd, 29th, July 6th and 13th
SESSION #5 - July 27th, Aug 3rd, 10th, 17th and 24th
SESSION #6 - Sept 7th, 14th, 21st, 28th, and Oct 5th
SESSION #7 - Oct 19th, 26th, Nov 2nd, 9th, and 16th

ELIGIBILITY: OPEN TO SOFA STATUS PERSONNEL, MLC, IHA, HPT AND JGSDF ONLY

TAKE THE MYSTERY OUT OF GOLF



LEARN TO GOLF ADULT CLASSES 2010

SIGN UP NOW IN THE GOLF SHOP

Includes: - Five 90 Minute Group Lessons Four On The Range And One On The Golf Course, - Plus Four 9 Hole Rounds Of Golf, - Clubs And Balls Provided.

CAMP ZAMA GOLF CLUB 263-3694

LUNCH

Mondays

- 5 Chicken Adobo
- 12 Pancit, Fried Rice, Lumpia Combo
- 19 Sweet and Sour Chicken
- 26 Beef and Broccoli

Tuesdays

- 6 Chicken and Dumplings
- 13 BBQ Pork
- 20 Meat Loaf
- 27 Chicken Po Boy

SPECIAL MENU



Blueberry Pancakes: \$4.50





Steak and Eggs \$9.95



4oz fillet mignon, 2 eggs (cooked your way) choice of hash browns, rice and side of toast.

LUNCH

Wednesdays

7, 14, 21 and 28 April, Fried Chicken served with corn bread and choice of starch, vegetable of the day and roll.

Thursdays

- 1 Chicken Enchiladas
- 8 Southwestern Egg rolls
- 15 Beef Fajita
- 22 Taco Salad
- 29 Beef Asada

Fridays (2, 9, 16, 23 and 30 April)

LUNCH

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays (3, 10, 17 and 24 April, no daily lunch special)

Sundays

- 4 Lasagna
- 11 Chicken Cacciatore
- 18 Pork Cutlet w/Parmigiana
- 25 Hamburger Steak w/Swiss Cheese and Gravy



JR. GOLF INSTRUCTION

with Mike Sul, PGA

*Every Monday from 1600-1700
Started on 1 March*

Cost: \$10

*Sign-up at the Pro Shop NLT the Sunday prior
Need at least 2 students to conduct the class*



FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL.SUL@US.ARMY.MIL



Cherry Blossom Friendship Golf Outing




• SATURDAY • 3 APRIL • ZAMA GOLF CLUB
Shotgun Start 7:30 am

Cost is \$25 for SOFA Status golfers (with annual green fee card)
 \$39 for SOFA Status non-members
 * Includes breakfast, lunch and door prizes!

**TO SIGN UP CONTACT
ERNIE HARADA 263-4225**

Handicaps are NOT required!
 Field is limited to 144 players

FREE PUTTING CLINIC

FOR BEGINNER & INTERMEDIATE GOLFERS
 SUNDAY 11 APRIL 1 - 2:15 PM
 ZAMA GOLF COURSE
 PRACTICE PUTTING GREEN

CLASSES ARE OPEN TO
 SOFA STATUS & MLC/IHA/
 HPT OR JGSDF PATRONS ONLY

SIGN UP AT THE
 ZAMA GOLF CLUB PRO SHOP

LIMITED TO 10 PEOPLE

PLEASE CONTACT
 MIKE SUL
 PGA ASSISTANT GOLF PROFESSIONAL
 DSN: 263-4975
 michael.sul@us.army.mil



EASIEST AND FASTEST WAY TO LOWER YOUR SCORE






Easter Stroll at Zama Golf Course

Sunday 4 April, Sunrise - 1 pm
For more information, call 263-3694

The Camp Zama Golf Course will be closed to golfers from sunrise until 1300 hours on Sunday, 4 April, for community members to stroll our course or picnic under the many beautiful cherry trees. There will be a shotgun start for golfers at 1300 hours.



2010 MASTERS GOLF TOURNAMENT

April 24-25 (Sat-Sun) Tee Times Starting at 6:30 am

\$10K HOLE-IN-ONE CONTEST SUNDAY 25 APRIL

ANY TOURNAMENT PARTICIPANT MAKING A HOLE-IN-ONE ON SUNDAY (HOLE #8) WILL WIN \$10K. \$500 SECONDARY PRIZE FOR A HOLE-IN-ONE ON SUNDAY ON HOLE 2, 10 OR 15

- OPEN TO ANY AMATEUR GOLFER WITH A CURRENT USGA HANDICAP
- 2 DIVISIONS - ZAMA MEMBERS AND ALL OTHERS
- FLIGHTS DETERMINED AFTER ALL ENTRIES RECEIVED
- GIFT CERTIFICATES AWARDED FOR LOW NET WINNERS IN EACH FLIGHT
- PLUS TROPHY FOR THE LOW GROSS WINNER IN EACH DIVISION

FEES:

| | |
|---|--|
| \$50 - ZAMA, ATSUGI AND TAMA HILLS ANNUAL | * INCLUDES CARTS, DOOR PRIZES, HOLE-IN-ONE CONTEST AND BUFFET LUNCHEON ON SUNDAY |
| \$78 - SOFA STATUS NON-MEMBERS | |
| ¥14,000 - JGSDF (STATIONED AT ZAMA) | * DEADLINE FOR SIGN-UP IS TUESDAY APRIL 20 AT 5:30 PM |
| ¥18,000 MLC/THA/HPT (WORKING FOR USARJ) | FIELD IS LIMITED TO 120 PLAYERS |
| ¥26,000 - ALL OTHERS | |

MWR Commercial Sponsorship and the Zama Golf Course staff thank Callaway, Cobra, Coca-Cola, Ecco, Mizuno, Nike Golf, Ping, RedBull, Taylor Made and Titleist for supporting this major golf event and our community

CONTACT DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694 OR EMAIL AT DALE.JORGENSEN@ZAMA.ARMY.MIL

SPONSORS: Callaway, Cobra, Coca-Cola, Ecco, Mizuno, PING, NIKE GOLF, Red Bull, TaylorMade, Titleist



CAMP ZAMA'S 33RD CHERRY BLOSSOM FESTIVAL

3 APRIL 2010 (1030 - 1800) (No Rain Date)

PROGRAM

SPORT EVENTS

0830 Youths - 3K Run & 3K Walk
1000 Adults - 7K Run & 3K Walk

FLEA MARKET

1100 - 1730 @ JED Parking

ENTERTAINMENT STAGE

1145 Award Ceremony for Youths & Adults Run & Walk
1230 - 1300 Sagami Ryu-O Taiko Performance
1300 - 1345 L'Attitude 35 (Smooth Jazz/POP)
1345 - 1355 DJ
1355 - 1440 Hula Halau O'Aloha Ku'u Moku and Ponopono Ukulele Club Concert
1440 - 1450 DJ
1450 - 1535 USARJ Rock Band
1535 - 1555 DJ
1555 - 1640 Rozlin Fair (Cover Band/Alternative Rock)
1640 - 1700 DJ
1700 - 1745 Unity 7 (R&B/POP)

OTHER ENTERTAINMENT

1200 - 1745 Street Performance

* Activities for youths will be in the JED parking lot.
* In case of inclement weather, all entertainment will be moved to the Community Activity Center, Bldg 267.



プログラム

スポーツ イベント

8:30 子ども - 3Kラン & 3Kウォーク
10:00 大人 - 7Kラン & 3Kウォーク

フリーマーケット

11:00 - 17:30 JED 駐車場

エンターテインメント ステージ

11:45 ラン & ウォーク 表彰式 (子ども/大人)
12:30 - 13:00 相模艦王太鼓演奏
13:00 - 13:45 ラティチュード 35
(スムーズ ジャズ/ポップ)
13:45 - 13:55 DJ
13:55 - 14:40 ハワイアンダンス/ウクレレ演奏
14:40 - 14:50 DJ
14:50 - 15:35 在日米陸軍軍楽隊ロックバンド
15:35 - 15:55 DJ
15:55 - 16:40 ロズリン・フェア
(カバーバンド/オルタナティブ ロック)
16:40 - 17:00 DJ
17:00 - 17:45 ユニティー 7 (R&B/ポップ)

その他

12:00 - 17:45 ストリート パフォーマンス

* その他、子ども用のゲームなどは地図をご参照ください。
* 雨天の場合、エンターテインメントステージで予定されている催し物は、コミュニティ アクティビティ センター (建物番号 267) にて行われます。



For more Information: Please call [By Fri 2 April]
お問合せ: 電話 [4月2日(金)まで]
テブ案内 [4月3日(土)まで]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-4177 • TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events>

Child, Youth and School (CYS) Services

"THE MONTH OF THE MILITARY CHILD"

April is

A chance to celebrate the lives of Military Children

Military children endure and experience so much in their lives as the children of their Family members in the U.S. Military. And, to honor the sacrifices of their parents, the U.S. Military has designated April as the Month of the Military Child. In recognition of the "Month of the Military Child," please come out and support your child in one of the many activities.

Zama Child Development Center, 263-4992

| <u>DATE</u> | <u>ACTIVITIES</u> |
|-------------|---|
| 2 | Children's Book Day and Scavenger Hunt "Spring Day" |
| 6 | Library Time at Zama Library |
| 7 | Mrs. Letters |
| 12 | Big Wind Day (Dewey Park Fly Kites) |
| 14 | Mrs. Letters |
| 15 | Fantasy Land Field Trip |
| 15 | Parent Advisory Council Meeting |
| 16 | Bigs and Lilz |
| 16 | Parents Night Out |
| 19 - 23 | Planting Flowers all week (Earth Day Week) |
| 20 | Library Time at Zama Library |
| 21 | Mrs. Letters |
| 22 | Earth Day |
| 27 | Sagamihara Park Field Trip |
| 28 | Mrs. Letters |
| 28 | Appreciation for Administrative Professional Day |
| 29 | Bubbles, Bubbles, Everywhere |
| 30 | Bigs and Lilz |

SHA Child Development Center, 267-6348

| | |
|----|---|
| 1 | T-Shirt Day Kick Off Parade |
| 2 | Military or Silly Hat Day |
| 5 | Family Lunch Time Picnic |
| 6 | CDC Bike Rodeo |
| 7 | Parent Read to Me Day |
| 8 | Pajama Party |
| 9 | Gross Motor Fun Day (Outdoor activities with parents and friends) |
| 12 | Support Soldiers and Families Week (Parents Continental Breakfast) |
| 13 | Make it and take it activities (at home activities with parents) |
| 14 | Make and take it Ice Cream Social with parents and friends |
| 15 | Individual Classroom activities |
| 16 | Old Fashioned Egg Hunt Day (Graphing, Counting colors, Shapes, Recognition) |
| 19 | Parent Volunteer Day |
| 20 | Fire Truck visits Global Youth Service Day (Let's collect school supplies for military families) |
| 21 | Parent Read to Me Day |
| 22 | Child Safety Day (Finger prints, photo tags, kits) |
| 23 | Recycle for a clean Earth Planting our Gardens |
| 26 | Individual Classroom activities |
| 27 | Parent Read to Me Day |
| 28 | Puppet Show |
| 29 | Classroom Pictures |
| 30 | Month of the Military Child Family Celebration Extravaganza |

... Month of the Military Child

30 April, 1800 - 2400, Camp Zama

Youth Center, 263-4500

| <u>DATE</u> | <u>ACTIVITIES</u> |
|-------------|---------------------------------|
| 12 | Tomodachi Bowling Center |
| 14 | Fujikyu Highland Amusement Park |
| 16 | Canyoning |
| 17 | Earth Day |

Military Movie Showings

| | |
|----|----------------|
| 2 | Down Periscope |
| 9 | Major Payne |
| 23 | Sgt Bilko |
| 30 | In the Army |

Middle / High School Lock-in

17 April, 2200 - 0700, free food, games, and
Sign ups will begin 1 April.

Youth Sports and Fitness, 263-5437

3April Youth 3K Run and 3K Walk 8:30am

School Age Services, 267-6317

| <u>DATE</u> | <u>ACTIVITIES</u> |
|-------------|--|
| 1 | Month of the Military Child Parade with Children, Parents and Staff |
| 9 | Fantastic Adventure Day Yokohama History Museum |
| 10 | Shinjuku Gyoen SAS 2010 Spring Camp |
| 12 | Children's Land |
| 13 | Zama Bowling Center |
| 14 | Yano Swimming Pool |
| 15 | Wanpaku Land |
| 16 | Green Wave Park Month of the Military Child BBQ Celebration |
| 15 | Parent Advisory Meeting (SHA SAS Bldg 3) |
| 19,21,23 | Bring your friends |
| 23 | Half a Day Escapade In House Activities / 4H Clubs Month of the Military Child Carnival Celebrating our Military Children |
| 24 | Making Pirata's Activity |

THE MILITARY CHILD™

of all military children worldwide



--- frequent relocations learning new cultures, one or both parent's deployments --- and still tirelessly support support and contributions military children have given to service members, the Armed Services have marked April of the Military Child™, Child, Youth and School Services will hold events and activities the entire Family can many fun and exciting activities we have planned.

of the Military Child Spring Ball •••

a Community Club, Prizes, Dinner, Entertainment and Dancing.

School Liaison Services, 263-3241

DATE ACTIVITIES

- 8 Academic (tutoring, FAFSA, college applications, registrations, etc.)
- 15 Special Education (Child Find, EDIS, 504 and IEPs, etc.)
- 20 It's time to move
- 29 Home School Support



Child, Youth and School (CYS) Services management staff



"Celebrating the Power of Volunteers Making a Difference"

Volunteer Recognition Ceremony

Friday, 23 April, 11 am - 1 pm at the Community Club

"All community personnel who devoted their personal time to support an event or activity throughout the year (2009) are encouraged to attend this special program".

Keynote speaker: Mr. Ken Romero and **MC:** Ms. Sarah Singletary. If you have volunteers within your unit or organization, please send their names and total volunteer hours for 2009 via e-mail NLT 5 April to wilda.tierney@us.army.mil (263-8087).

MWR COMMERCIAL SPONSORSHIP and the ACS staff thank our sponsors American Airlines, USA Federal Credit Union, DyDo Drink Company, Tokyo Summerland and Outback Steakhouse for supporting the Volunteer Recognition Ceremony.



American Airlines®



USA Federal
CREDIT UNION

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THANKS

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OUR SPONSORS
FOR SUPPORTING
THE CHERRY
BLOSSOM
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ZAMA COMMUNITY.

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STEAKHOUSE®

WATER ADVENTURE
東京サマーランド



DYDO DRINK COMPANY - special thanks to **DYDO** for providing sport drinks for all youth and adult walkers and runners, for the beverage gift packages for the 1st, 2nd and 3rd place finishers in all age groups, and for the two Sony PSP's to support the youth walk and run event.

Continental Airlines - special thanks to Continental Airlines for providing the major door prize, two(2) round-trip airline tickets to the USA, to support the festival event.

“See the Bugle for the advertisement”.

Come out

and join us for the Annual Volunteer Recognition Ceremony and luncheon and awards presentation on April 23 from 11 am - 1 pm in the Camp Zama Community Club. For more information, contact the Army Volunteer Corps Coordinator at 263-8087.

■ Army Community Service • 263-8327

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CDC during official FRG functions (advance coordination is required).

• Pre-deployment and Operation R.E.A.D.Y. Training, 263-HELP (4357)

This training is designed to help all deploying Soldiers, DoD civilians,

and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month, 3 - 4 pm, in the ACS Outreach Room.

• Deployed Spouse Program, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card. This card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing soldiers and their family members a ready-made program to help achieve personal financial readiness through the use of sound money management. For more information contact ACS at 263-5550 or 263-4357.



Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

RELOCATION READINESS PROGRAM - 263-HELP

NEWCOMERS ORIENTATION PART I: 14 April, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: 15 April, 8:30 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

EXPLORING JAPAN CLASS: 17 April, 9 am - 4:30 pm, gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

SHOPPING ON THE ECONOMY: 15 April, 1 - 4:30 pm, gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to the five story 100 Yen Store and Yodobashi Camera Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.



MWR COMMERCIAL SPONSORSHIP and the ACS STAFF thank our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls:
99 + 001 + Country Code + Area Code + Phone No.



• **Financial Readiness Class at ACS**
(all classes are held 1:30 - 3:30 pm)

- * Budget: Mondays
- * Banking: Tuesdays
- * Debt Management: Wednesdays
- * Investment TSP: Thursdays

All first term personnel are required to attend all four classes during in-processing before Financial Readiness will be signed off on the in-processing check-in sheet. Attendance at all four classes meets the requirement for the mandatory 8 Hour Financial Readiness Class per AR 608-1 and DoDI 1342.27. Units may request classes also; requests should be in writing a minimum of two weeks prior to the class date, first come, first served. Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Checkbook Management, Credit and Debt, Large Purchases, Insurance, Investment / TSP, and Planning for Military Retirement. For more information: gary.wertz@us.army.mil.

• **AER Emergency Leaves:** Primary funding for travel to a gateway city of service members and command sponsored Family members is han-

NPSP

New Parent Support Program- 263-4572.

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at EDIS (Arnn Elementary School).
- **Breast Feeding Support Group** is held 1 April, 9:30 - 10:30 am at ACS and 19 April, 9:30 - 10:30 am at SHA CDC.
- **Baby Love Seminar for Child Abuse Prevention Month**
Workshop: "Parenting with Love and Logic Seminar", is held 20 April, 9:45 - 10:15 am, during Zama Chapel Play Morning and 29 April, 9:45 - 10:15 am, during EDIS Play Morning.
- "Parenting with Love and Logic" community workshop is held 28 April, noon-1 pm, at ACS.
- **Pre-Birth Classes** will be held at ACS on 22 and 29 April, 4:30 - 5:30 pm. The Classes will be taught by Mrs. Jennifer Deford, OB/GYN Nurse. Please register the day before for each class on 21 April and 28 April at ACS.
- **Baby Bundles** information and supplies for new and expecting parents, and electric breast pumps are available by calling 263-4572 or emailing cheryl.rendon@us.army.mil.

dled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

**COMMUNITY LIFE OFFICE,
263-HELP (4357)**

• **Army Family Action Plan (AFAP)**

Because the Army's Leaders recognize that to have a quality Army, you must be satisfied with the Army's way of life. AFAP connects you with the Army, AFAP is idea and issue gath-

ering, AFAP makes things happen, sometimes all the way at the top. Log on to <http://www.mwrjapan.army.mil/acs> click "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard.

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOPS

"Normal People Scare Me" a film by Kerri Bowers will be presented at ACS on:

19 April, noon - 1 pm

29 April, noon - 1 pm

If you would like more information on EFMP Respite Care or becoming an EFMP Respite Care Provider, or for more information to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.



The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS, noon - 1 pm.

want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! It can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account go to www.myarmyonesource.com, register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer Registration."

ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Did you know that you could earn promotion points from AFTB? If you are a young Soldier SGT or below

and need promotion points AFTB is a good source and a great tool that you will be able to use throughout your military career. Go online at www.myarmyonesource.com for Levels I, II and III.

For more information, contact the AFTB Program Manager at 263-8087.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <http://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found

on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• Children's Japanese Language and Culture Class

Every Monday 10:30 - noon.

• Adult English as a Second Language Class (ESL)

Every Wednesday 1 - 2:30 pm. All levels.

• Adult Japanese Language Class

Every Wednesday

Advanced class: 10 - 11:00 am

Beginner class: 11 am - noon

Taught by a native Japanese speaker.

ALL CLASSES ARE CANCELLED ON US HOLIDAYS

For more information, e-mail stacey.davis@us.army.mil

Family Advocacy Program, 263-HELP-4357

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002, 263-4782, 263-4853, or 090-9395-8909.

• Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 090-9395-8909.

• Victim Advocacy

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



Your Travel Concierge! **Zama ITT**



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- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>



.....     

CZCC TEXAS HOLD'EM TOURNAMENT

SATURDAY 17 APRIL CZCC BALLROOM 2 PM

Tickets purchased by 13 April \$40

After 13 April \$50

Includes non-alcoholic beverages & prizes

Prizes will be based on the number of players

Sign up at the cashier's window

ADULTS ONLY

JOIN NOW!

CAMP ZAMA COMMUNITY CLUB 2 6 3 - 4 5 4 7



Yano Fitness

Center is seeking interested applicants for contracting in the following areas: **Massage Therapist, Aerobics, Martial Arts, Fitness Trainers, Zumba, Tai Chi, Yoga and other group exercises. For more information, call 263-3954/4042.**

■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS, 263-3954

• Zama Book of Records

Every third Saturday of the month (17 April) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun, challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano Bulletin Board. End of the year winner's will get a chance to win fabulous prizes, as well as notoriety as their record and picture

will grace the glossy Zama Book of Records. "You too can become a living legend".

AQUATICS, 263-3348

• Water Aerobics Days and Hours

Water Aerobics Classes:

Mondays, Wednesdays, Fridays
0900 - 1000

Tuesdays and Thursdays
1730 - 1830

See flyer for specific details.

• Jacuzzi, Steam Room, Sauna

The Jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the Jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the Front Desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool**
less Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult



YANO FITNESS CENTER

10 am • Saturday, 24 April
Dining Facility Field
***Tournament is FREE!**
*Register by 9 pm, Wednesday, 21 April
*For more info, please call 263-4664.

ULTIMATE FRISBEE TOURNAMENT



YANO FITNESS CENTER

9 AM • SATURDAY • 10 APRIL
*For more information, please call 263-4664.

4 ON 4 VOLLEYBALL TOURNAMENT

guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYs, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the Front Desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

• **Aerobics**

Instructor: Ayako Robinson
Tuesday / Thursday: 1730 - 1830
Cost: \$3.50 per class

Instructor: Amy Bengel

Mondays: Cost: \$2.50

Corebox: 1730 - 1830

Power Yoga: 1830

Thursdays: Cost: \$2.50

Step and Sculpt: 1830 - 1930

• **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

LIFEGUARD TRAINING COURSE

Conducted by Camp Zama Sports, Fitness and Aquatics Branch

5 ~ 29 April

1730 ~ 2130

Monday, Wednesday and Thursday

1000 ~ 1800

Saturday ~ 17 and 24 April (w/1 hour lunch)

Note: Length of the class may vary depending on the class size.

***For more information, please call 263-4664/3348.**



Monday - Friday:
0530 - 2025

Weekends:
0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

MASSAGE

• **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original

appointment was made. Please ensure to ask the staff for the information regarding this policy.

• **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old or if 16 - 17 years old have written parental consent or a legal guardian present. For more information, call 263-4664/3954.

• **Shizuka's Massage Therapy**

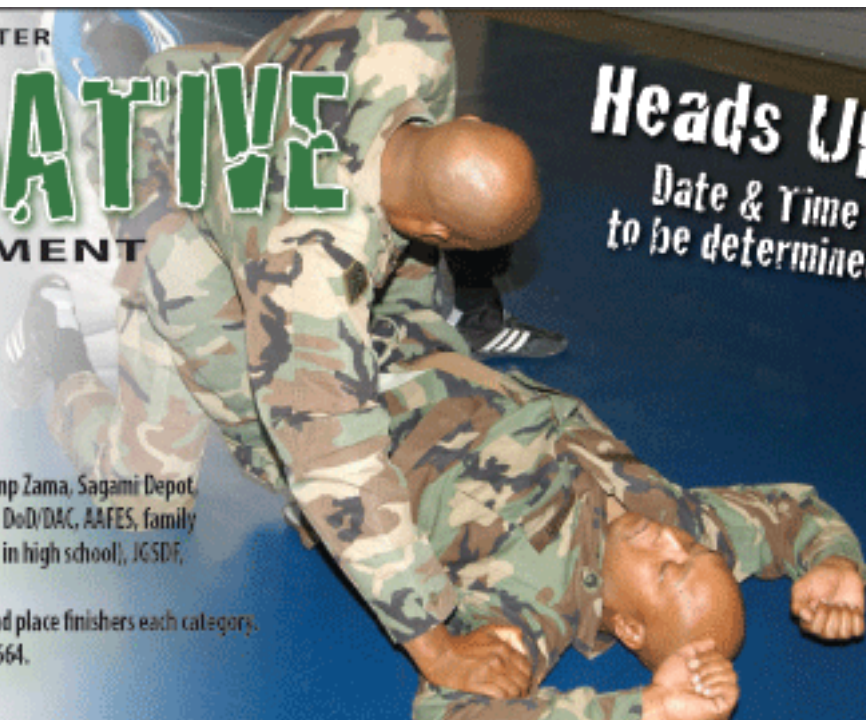
"Massage with Shizuka" is now

YANO FITNESS CENTER

COMBATIVE TOURNAMENT

Heads Up!
Date & Time
to be determined.

- Unit level team competition.
- Categories to be determined.
- Open to all military personnel in the Camp Zama, Sagami Depot, and Sagamihara Housing Area, retirees, DoD/DAC, AAFES, family members (18 years of age or older & not in high school), JGSDF, and MLC employees.
- Awards will be presented to the 1st & 2nd place finishers each category.
- For more information, please call 263-4664.



being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1100 - 1800 (first appointment at 1100 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift



Learn-to-Swim
April Session
4 April ~ 1 May
Saturdays & Sundays

*Check with the Yano staff for times, cost, levels and age groups.

*For more information, Please call 263-4664.

certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

CLASSES

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness (every Monday at 1845).

One session: \$6

4 sessions: \$20

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kellie Williams

Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1800 - 1900

Cost: \$45 per month

* Instructor: Kang Hyum Soon

Monday - Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate).

• **Brazilian Jujitsu (FREE)**

* Instructor: Henry Stasiukiewicz and Paul Everson

Monday and Wednesday,

1645 - 1900

(ages 18 and older)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

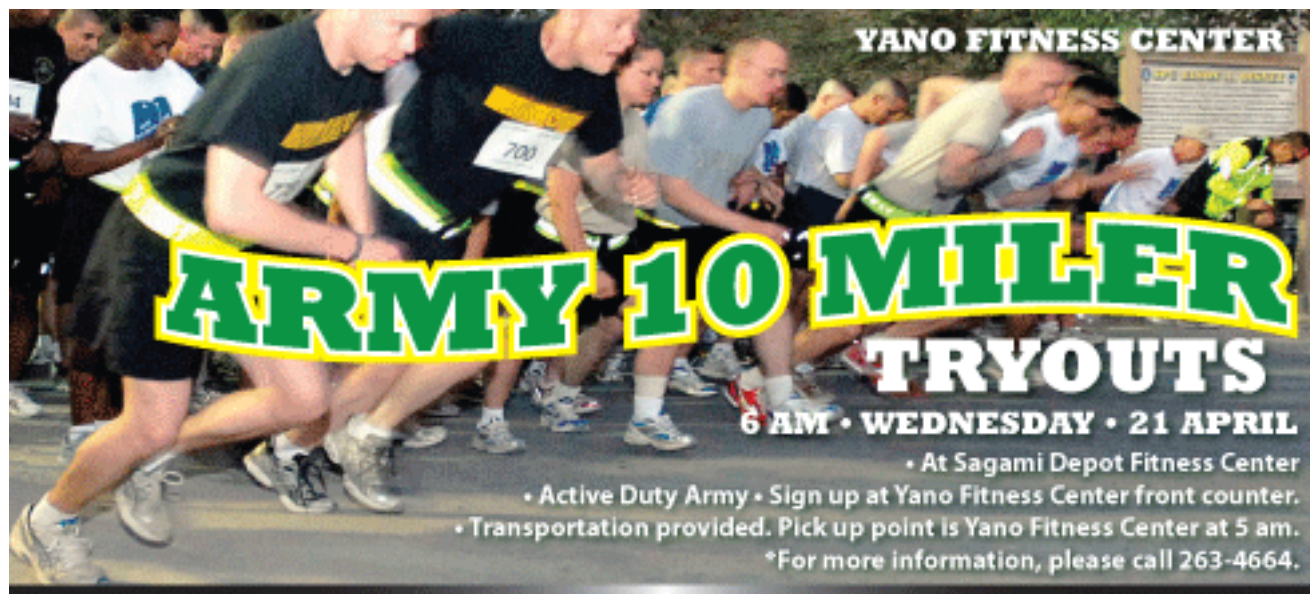


YANO FITNESS CENTER
SINGLES
TENNIS TOURNAMENT
MENS & WOMENS DIVISIONS

9 AM • SATURDAY
1 MAY

*Registration deadline is 9 pm, Friday, 30 April.

*For more information, please call 263-4664.



Super Circuit Class (Free)

Monday and Wednesday: 1200 - 1230
Fridays: 1730 - 1800

Wednesday Conditioning and Core Class (Free)

1730 - 1830

Personal Training / Program Consultations (Free)

Limited days and times BY APPOINTMENT ONLY.

Unit Pt Training

Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

Meet a Trainer Program

Instructional and informational fitness forum. Fitness specialists will present instructions for proper beginner or intermediate workout regimens, and how to execute these workouts. Participants will then have the opportunity to ask questions and discuss information just learned. At the completion of the session, participants will receive a beginner or intermediate workout plan to implement.

*Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.

■ Community Activity Center • 263-3939/5712/8892

If you are interested in teaching a class please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.

CLASSES

• **Ballroom Dance**

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

• Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for

ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

• **Koto Lesson**

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

• **Ballet Class (Coming Soon)**

ATTENTION: The Music Theater Workshop will be closed for HVAC System constructions.

“See the Bugle for the advertisement”.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *Altar of Eden* by Rollins, James
- *Checklist Manifesto* by Gawande, Atul (Best Seller)
- *First Rule* by Crais, Robert (Best Seller)
- *Game Change* by Heilemann, John (Best Seller)
- *Googled* by Auletta, Ken
- *Happiness Project* by Rubin, Gretchen Craft (Best Seller)

- *Impact* by Preston, Douglas J. (Best Seller)
- *Manhood for Amateurs* by Chabon, Michael
- *Winter Garden* by Hannah, Kristin (Best Seller)
- *Worst Case* by Patterson, James (Best Seller)

NEW CRITERION COLLECTION BLU-RAY DVDS

- *Bottle Rocket*

- *Chunking Express*
- *8 1/2*
- *The Last Emperor*
- *Last Year at Marienbad*
- *Paris, Texas*
- *The Rolling Stones: Gimme Shelter*

ON-LINE CATALOG:

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>

■ Leisure Travel Services • 263-4671

TOURS AND EVENTS

- *Tsukiji Fish Market*
Saturday, 3 April, 4 - 10:30 am
- *Mountain Bike*
Saturday, 3 April, 8 am - 3:30 pm
- *Discover Scuba*
Saturday, 3 April, noon - 4:30 pm
- *Kawasaki Fertility Festival*
Sunday, 4 April, 9 am - 5 pm
- *Hakone Sightseeing*
Sunday, 4 April 7 am - 6 pm
- *Chiyoda Cherry Blossom Viewing and Sumo Exhibition*

- Friday, 9 April, 8:30 am - 4:30 pm
- *Steam Locomotive and Hirono Beach Park*
Saturday, 10 April, 6:30 am - 8 pm
- *Choshi Festival*
Sunday, 11 April, 7 am - 8:30 pm
- *Disneyland / DisneySea*
Wednesday, 14 April, 7 am - 11 pm
- *Deep Sea Fishing (Shimagatsuo)*
Saturday, 17 April, 4 am - 3:30 pm
- *Nikko Sightseeing*
Saturday, 17 April, 5 am - 9 pm

- *Take Beautiful Photos of Mt. Fuji Vol.2 (Diamond Fuji)*
Sunday, 18 April, 2:30 am - 5 pm
- *Horseback Archery*
Sunday, 18 April, 9 am - 5 pm
- *Camping and Moto GP / Kayaking / Fishing*
Friday, 23 April, noon, and Sunday, 25 April, 10 pm
- *Azalea Park and Giant Wisteria*
Saturday, 24 April, 6 am - 7 pm
- *Zoo Rasia*
Sunday, 25 April, 9 am - 3:30 pm

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday:
11:30 - 7:30 pm
Saturday - Sunday:
10:00 - 6 pm

CLASSES


- *Silk Screen Work Shop*
\$15 for a class, includes one free t-shirt (appointment only).
 - *Wood Shop Orientation for DA 3031.*
Saturdays: 10 am, no fee.
 - *Frame Shop Orientation*
2nd and 4th Thursday, 6 pm,
\$10 a class; supplies are not included.
- Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- *Wash-Paper Craft Work shop*
\$10 a class; supplies are available at sales store (by appointment)

- *Tole Painting Class "American Folk Art"*
Thursdays, 3 pm, \$20 for a class.
- *Ikebana* (fresh flower arrangement class)
1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).
- *Shodo* (Japanese calligraphy class),
Wednesday, 4 pm, \$10 for a class; includes all supplies.
- *Pottery Classes*
* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.

Interactive Customer Evaluation



Please give us your
ADVICE
Interactive Customer Evaluation

We are listening!

Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.dtsa.mil/index.cfm>

T

owing
Service and Roadside Assistance. We offer a towing service and roadside assistance Wednesday through Sunday during regular Automotive Skills Center hours of operation.

■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
Wednesday - Friday:
11:30 - 8 pm
Saturday and Sunday:
9:30 am - 6 pm

PLEASE NOTE:

- Wednesday - Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to

use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Used Vehicle Courtesy Inspection

The Zama Automotive Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.

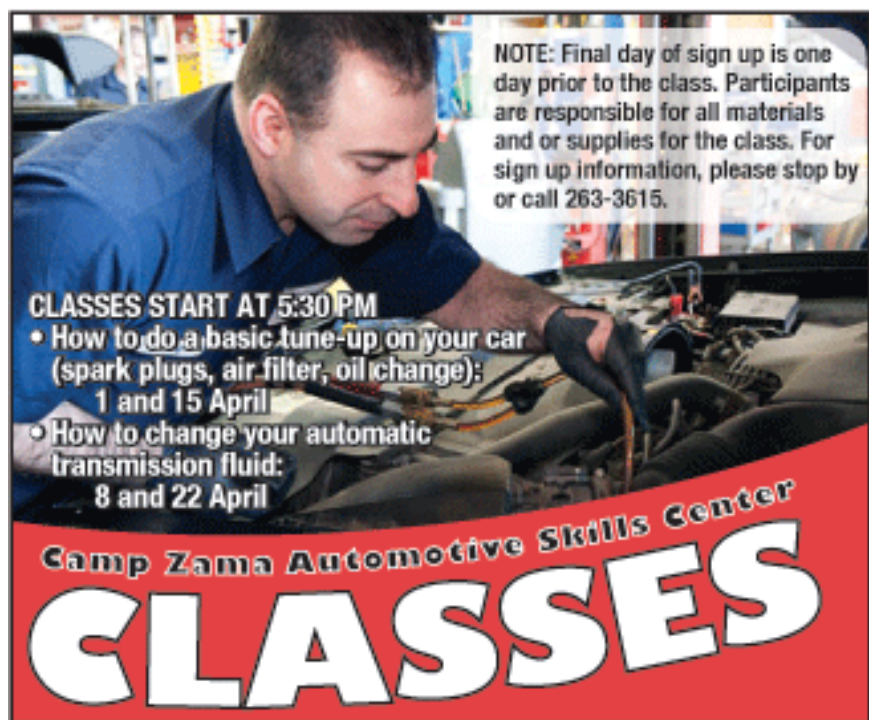


CAR WASH

The Zama Car wash can be accessed:

Monday - Tuesday: 8 am - 4:30 pm
Wednesday - Friday: 8 am - 8:30 pm
Saturday - Sunday: 10 am - 6 pm

The Sagamiara Housing Area car wash is closed indefinitely due to damage.



NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for the class. For sign up information, please stop by or call 263-3615.

CLASSES START AT 5:30 PM

- How to do a basic tune-up on your car (spark plugs, air filter, oil change):
1 and 15 April
- How to change your automatic transmission fluid:
8 and 22 April

Camp Zama Automotive Skills Center

CLASSES

USED PARTS FOR SALE

- CD player, stateside tuner - Starting at \$35 ea
- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- Safety flares - - - \$2

We also have used tires; just stop by with your car and see if they are on the rack.



Online parts ordering service

Stop by the Automotive Skills Center for more information to find the best prices for your vehicle.

CATHOLIC SERVICES

Mondays - Fridays, noon, daily

Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.

Sundays, 10:45 am, CCD, Religious Education Center.

1st Friday, 6 pm, MCCW meeting, Zama Chapel

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.

Sundays, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, Praise Team Rehearsal, Zama Chapel

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Mondays - Fridays, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

Tuesdays, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services, please call Richard Smith, 046-234-9490, Brian Howard at 263-7419, or Doug Moore at 267-6472.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

ONGOING BIBLE STUDIES

Tuesday, 6:30 pm, Bible Study, "The Book of Hebrews", Zama Chapel Fellowship Room.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Zama Chapel, Molly Lang at 263-7161.

Thursdays, 6:30, Bible Study, "The Mind of Christ", Zama Chapel Fellowship Hall.

Fridays, 12 noon, Korean Bible Study, Zama Chapel, the POC is Misha Triggs at 267-6531.

For more information, please call the chapel at 263-4898.

SEASONAL ACTIVITIES

Thursday, 1 April, 6 pm, Holy Thursday Mass, Zama Chapel.

Friday, 2 April, 3 pm, Stations of the Cross, Zama Chapel.

Friday, 2 April, 6 pm, Good Friday Liturgy, Zama Chapel.

Saturday, 3 April, 8 pm, Easter Vigil, Zama Chapel.

Sunday, 4 April, 6 am, Easter Sunrise Service (Community). Camp Zama Golf Course, (inclement weather location is the Hanger).

Sunday, 4 April, 9 am, Easter Sunday Mass, Zama Chapel.

Sunday, 4 April, 10:30 am, Easter Sunday Service (SHA IS), SHA Chapel.

Sunday, 4 April, 11 am, Easter Sunday Service (Protestant), Zama Chapel.

Sunday, 4 April, NO CCD

Sunday, 4 April, No Protestant Sunday School.

Tuesday, 20 - 22 April, Strong Bonds Training for Married Couples

The Garrison Religious Support Programs offer many other religious based opportunities for you and your Family (bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898.

The Garrison Chaplain's Office only advertises those religious activities under its auspices.



CAMP ZAMA BOSS PROGRAM

Meeting every other Tuesday at 4 pm in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!

Check BOSS out on our website:

<http://www.mwrjapan.jp.pac.army.mil/crd/boss/>

e-mail us at BOSS@zama.army.mil or see your unit BOSS representative for more information.

BOSS President: CPL Edward Webb

Tel: 263-5197

e-mail: edward.webbjr@zama.army.mil



BOSS WARRIOR ZONE HOURS!!!

Monday - Saturday: 6 - 8 pm

Sunday: 2 - 7 pm

For more information, call 263-3399.



■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ Army Community Services 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri 1000-1800
Sat & Sun 1000-1800

■ AUTOMOTIVE SKILLS CENTER 263-3615
Mon-Tue Closed
Wed-Fri 1300-2100
Sat-Sun 1000-1800

■ COMMUNITY ACTIVITY CENTER 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273
Mon-Fri 1000-1800
Open during lunch

■ LIBRARY
Zama 263-3517
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671
US Holidays Closed
Vehicle/Equipment Rental & Leisure Travel Services

Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ SPORTS/FITNESS CENTER 263-4664

Zama 263-3954
Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)
Parent Central Services 263-4125 263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743 263-4125

Sagamihara CDC 267-6564
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ YOUTH SERVICES
Zama Youth Center 263-4500

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE
Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTOMOTIVE SKILLS CENTER 644-5612
■ CORAL COVE COMMUNITY CLUB

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426
■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ SPORTS / FITNESS
Sports / Fitness 644-4334
Aquatics 644-4389

■ OUTDOOR RECREATION
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659
011-81-611-744-4659

Kure Harbor Club

■ MWR Office 256-2580 256-2581

0800-1630
■ Outdoor Recreation 256-2575

0900/1700
■ Dining Room

Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ Bar
Mon 1630-2000
Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530



CHERRY BLOSSOM FESTIVAL

SATURDAY, 3 APRIL 2010



CAMP ZAMA



YOUTH 3K Run & 3K Walk, starts at 0830

**ENTRY - \$15.00 FOR SOFA,
¥2,000 FOR NON-SOFA**

INFORMATION FOR YOUTHS

- Starting time 8:30 am in front of the Community Activity Center (CAC).
- Register at the CYSS Parent Central Services, Bldg 533 (263-4125/5723), by 2 April. You can also register 3 April (7 - 8 am) at the Gazebo next to the CAC.
- T-shirts are guaranteed for the first 75 walkers/runners who register and pay.
- Packet pickup at the Yano Fitness Center 2 April, 3 - 6 pm, and day of the race 7 - 8 am at the Gazebo next to the CAC.
- Awards will be given to boys and girls in each age group. The age groups are: 5 - 8, 9 - 12, 13 - 15 and 16 - 18. Awards and prize drawings will be held at the CAC immediately following the event.
- For further information, phone Youth Sports and Fitness at 263-5437.

YOUTH DOOR PRIZES (all participants are eligible):

- Tickets to Tokyo Disney
- Tickets to Summerland
- Electronic Merchandise
- Bicycle
- Assorted Barbie Merchandise
- Mattel "hot car" Prizes

Run and Walk Sport drinks
provided by DyDo

**MAJOR
DOOR PRIZE FOR YOUTH
SONY PSP GO VIDEO GAME SYSTEM
(COURTESY OF DYDO)**



ADULTS 7K Run & 3K Walk, starts at 1000

**ENTRY FEE - \$15.00 FOR SOFA,
¥2,000 FOR NON-SOFA**

INFORMATION FOR ADULTS:

- Starting time 10 am in front of the Community Activity Center (CAC).
- Registration: SOFA personnel, at the Yano Fitness Center by 1 April or mail to RD, DFMWR, USAG-J, Unit 45006, Sports and Aquatics, APO AP 96343-5006 by 19 March, ATTN: IMCP-JA-MWR-SP (no registration on the day of the event). T-shirts are guaranteed for the first 650 walkers/runners
- Packet pick-up: 3 - 6 pm, Friday, 2 April at the Yano Fitness Center; 7:30 - 9:30 am on Saturday, 3 April, at the Yano Fitness Center.
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18-29, 30-39, 40-49, 50-59 and 60 plus (awards also to the overall top male and female runners). Awards presented at the CAC immediately following the event.
- For further information, phone the Zama Sports Office at 263-7980.

SPECIAL ADULT PRIZE:

PAIR OF AIRLINE TICKETS TO THE USA
(COURTESY OF CONTINENTAL AIRLINES)

ADULT DOOR PRIZES (all participants are eligible):

- NBA Watch
- Outback Food Coupons and Merchandise
- Electronic Merchandise
- Tickets to Tokyo Disney
- Mattel Prizes
- Tickets to Fujikyu

MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.





U.S. ARMY CAMP ZAMA'S 33RD

第33回 在日米陸軍キャンプ座間



Cherry Blossom Festival 桜まつり

SATURDAY, 3 APRIL 2010 • 1030 - 1800 (No Rain Date)

2010年4月3日(土曜日) • 午前10時半 - 午後6時 (荒天中止)



- RUN & WALK • FOOD • LIVE ENTERTAINMENT
- STREET PERFORMERS • FAMILY ENTERTAINMENT
- GAMES • FLEA MARKET • U.S. ARMY JAPAN BAND
- PLUS **BEAUTIFUL CHERRY TREES**

For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards, bicycles, kick bikes, pets, alcoholic beverages and glass containers are prohibited.

* Please expect entry delays. *FORM OF PHOTO IDENTIFICATION REQUIRED FOR ENTRY*

- ラン&ウォーク • 出店 • ゲーム
- ライブエンターテイメント • フリーマーケット
- ストリート パフォーマンス • 在日米陸軍楽隊
- 家族向けエンターテイメント • お花見

保安上、大きなバッグ、バックパック、キャップバッグ、クーラーボックス、スケートボード、自転車、モックボード、ベッド、お鍋、ビンやコップ等のガラス類の持ち込みは禁止されています。●ゲートでの荷物検査の為、入門に時間がかかる場合がございますのであらかじめご了承ください。*入場には「写真付き身分証明書」が必要です*

4月3日(土)、一般開放致します
ご来場お待ちしております

For more information: Please call [By Fri 2 April]
お問合せ: 電話 [4月2日(金)まで]
テブ案内 [4月3日(土)まで]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-4177 • TEL: 046-407-4177

RUN & WALK

- **0830 Start: YOUTHS - 3K RUN & 3K WALK**
Registration: U.S. Army Camp Zama, Parent Central Services
DSN: 263-4125/5723
TEL: 046-407-4125/5723



- **1000 Start: ADULTS - 7K RUN & 3K WALK**
Registration: U.S. Army Camp Zama, Sports Office
DSN: 263-7980/7979
TEL: 046-407-4125/5723

ラン & ウォーク

- **午前8時半スタート: 子ども - 3Kラン & 3Kウォーク**
子ども参加者問い合わせ先: 在日米陸軍キャンプ座間
DSN: 263-4992
TEL: 046-407-4992

- **午前10時スタート: 大人 - 7Kラン & 3Kウォーク**
大人参加者問い合わせ先: 在日米陸軍キャンプ座間 スポーツオフィス
DSN: 263-7979
TEL: 046-407-7979

<http://www.mwrjapan.army.mil/events>

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